

# *Unity Consciousness Workshop* *November / December 2009 Newsletter*

Dearest Family-in-Spirit,

I have been guided to write about **The Grids** in this newsletter. This newsletter is inherently connected to the Sept/ Oct 2009 newsletter so you might find it helpful to re-view that particular newsletter before reading this one.

To Summarize the Sept/Oct 2009 Newsletter:-

*Language of Light =  
Software*

*Matrix of Geometric Grids and Ley-Lines including the Human Aura around the body  
and the Vital Energy Field within the body (Chakras & Energy Channels) =  
Hardware*

*Source =  
Programmer*

*3D Universe =  
Programme*

In the Sept/Oct 2009 newsletter, I was writing about **The Language of Light – The Software** – The Creational Blueprint programmes that are downloaded from Source to All That Is.

In this newsletter, I am writing about **The Grids – The Hardware** – the “web” of Grids that construct our Universe. I want to write about three types of Grids that specifically affect our home, the Earth.

## 1) **Ley-Lines are under the surface of the Earth**

(Macrocosm and Microcosm are compatible: Ley-Lines in the Earth are equivalent to the Energy Channels, Meridians, Nadis and Chakras in the Human Body)

If you try to do some research about Ley-Lines, you quickly discover that there is very little scientific information available to corroborate the existence of Ley-Lines. There is a lot of skepticism about whether they actually exist or not! However, it seems blatantly obvious to me that they exist.

By looking at any Ordnance Survey Map, you can see that there are definite alignments between certain places of geographical interest such as ancient monuments and megaliths. Many ancient ceremonial cause-ways and commonly travelled cattle tracks used by our ancient ancestors follow the Ley-Lines. I believe that birds and all migratory animals use the Ley-Lines for guidance. I also believe that our ancient Hunter-Gatherer ancestors could sense these ley-lines just as easily as the animals. Some modern day humans can still sense the Ley-Lines either by using Dowsing Techniques or simply by sensing the “tingling” energy that the electro-magnetic Ley-Lines emit.

Many ancient cultures around the world use straight lines across the landscape. For example, in South America, such lines are directed towards mountain peaks - the Nazca lines are a famous example of lengthy lines made by ancient cultures. Straight lines connect ancient pyramids in Mexico. The Chaco culture of Northwestern New Mexico cut stairs into sandstone cliffs to facilitate keeping roads straight. The Aborigines of Australia follow what they describe as “Dream Lines” during their Walk About.

The concept of Ley-Lines was first proposed by British archeologist Alfred Watkins. On 30 June 1921, Watkins visited Herefordshire and was riding a horse near some hills when he noticed that many of the footpaths there seemed to connect one hilltop to another in a straight line. He was studying a map when he noticed places in alignment. Watkins believed that, in ancient times, when Britain was far more densely forested, the country was crisscrossed by a network of straight-line travel routes, with prominent features of the landscape being used as navigation points.

In modern times, despite mostly negative reception to ideas about Ley-Lines, experts have made observations that there are often Astrological/Cosmic Alignments involved with the building of ancient monuments such as Stone Henge. The design of Stone Henge also includes some Geometric Shapes such as the Star Tetrahedron and the Octahedron. Some dowsers have linked the appearance of Ley-Lines with underground streams and magnetic currents. Indeed, in my own personal experience of working with the Ley-Lines, they are often connected to wells, springs, rivers (especially at the confluence of two rivers) and also underground water sources.

In Chinese Medicine, there is an understanding that there are Energy Channels running throughout the Human Body. Certain “points” along these channels are stimulated during Acupuncture and Acupressure Massage to deliver certain health benefits. It is believed that blockages occurring along these Energy Channels cause illnesses and disease in certain parts of the body. It is thought that by stimulating/massaging specific **Power Points** along these channels, it is possible to clear any blockages and allow the Chi (Vital Energy or Life Force) to flow freely along the channels creating health and well being throughout.

I believe that the Earth's physical body has similar Energy Channels running through it. Gaia – Mother Earth – is a Living Being – just as any Human is a Living Being. She is filled with Chi and this Chi flows through her Ley-Lines. When the Ley-lines are clear and flowing, then she is in Great Health.

Unfortunately, blockages in her Energy Channels (Ley-Lines) can occur due to many reasons. Natural tectonic movements of the Continental Plates that cause Earthquakes and so on. Also, Man-Made interference such as digging roads; mining and building massive Power Stations to name just a few ways in which Humanity interrupts the flow of Chi around the Earth.

Humans also affect the Energy of the Ley-Lines with our Negative Thought-Forms and Negative Emotions which interfere with the Natural Flow of Creative Energy. Lady Gaia once taught me that when Humans commit crimes against Humanity such as murder or other forms of violence, it leaves an Energetic “karmic dark spot” or “karmic scar” within the actual landscape where those atrocities took place. Over hundreds and thousands of years, with Humans harming each other, there are tremendous blockages all over the planet.

It is possible to do “Acupressure” on the Earth by performing Ceremonies at certain **Power Points**. This is what the ancients knew. They knew that by building monuments like Stone Henge and performing ceremonies at that very special location, they could “stimulate” well being in the Landscape. As a result of their healing activities, they found that they had more prosperity and fecundity – better crops, healthier livestock and, most importantly, healthier children! Because of the Blessings they received, they dedicated these special sites to Deities – frequently Mother Earth and Father Sky.

Even if you don't know how to perform “Formal” ceremonies, just by visiting a Power Point and having fun – you are transmuting negative energy into healing energy! You could have a picnic with friends; play hide-and-seek with your children; go rambling along the ancient paths; play music and sing songs. It really doesn't matter what you do as long as you are having fun and En-**Joy**-ing yourself.

It is Your **Joy** that Heals the Earth. Lady Gaia is everyone's Mother and she loves to see her children having fun! Like any Mother, she is saddened to see her children fighting each other.

Whalley Abbey is built on one such **Power Point** along a Ley-Line. The actual Centre of the Power Point forms a Vortex of Energy in the grounds of the Abbey. A Vortex of Energy is often found at these Power Points in the landscape. Many of the early Christians built their Churches and Cathedrals on ancient Pagan Power Sites to encourage the local populations to continue to worship at their Old Ceremony Sites. This meant that there was less resistance to converting from Paganism to Christianity.

Whalley Abbey is built on the banks of the River Calder, running through the Ribbles Valley. Again, valleys are often associated with Ley-Lines. Everything about the Ley-Lines is connected to natural features in the Landscape. In fact, just by going outdoors; walking around the countryside and APPRECIATING the beauty of the Landscape, you are Re-Connecting with your Ancestral Heritage and Re-Connecting with the awareness of the Ley-Lines.

Aaaaaaaaaaaaah! Pause for Breath of Fresh Air! Beautiful!

## 2) Reshel Grid and Metatronic +Shekinah Grid are at the surface of the Earth

The Reshel Grids act as a kind of “step down energy transformer” to help channel Divine Healing Energy into the Earth Ley-Lines. You could think of them as a “**bridging**” mechanism between the Cosmic Grids surrounding the Earth and the Ley-Lines under the surface of the Earth. It is believed that the Reshel Grids are actually spinning electro-magnetic fields at the very surface of the Earth. As they spin, they penetrate down into the ground by about 30’ (14 meters) and reach above the ground by about 30’. A total of 60’ (28 m) across the entire spinner field.

Those of you who practice the Merkaba Meditation will recognize that there is a connection here because the Human Merkaba Spinning Field is also reputed to be about 60’ (28m) in diameter!

Synchronicity? Yes!

To activate the Reshel, you need to activate your Merkaba! When we activate our Merkaba, we become Step-down Transformers to channel extremely High Frequency Divine Healing Energy into the Earth at a frequency that is compatible with the 3D! But more of that later.

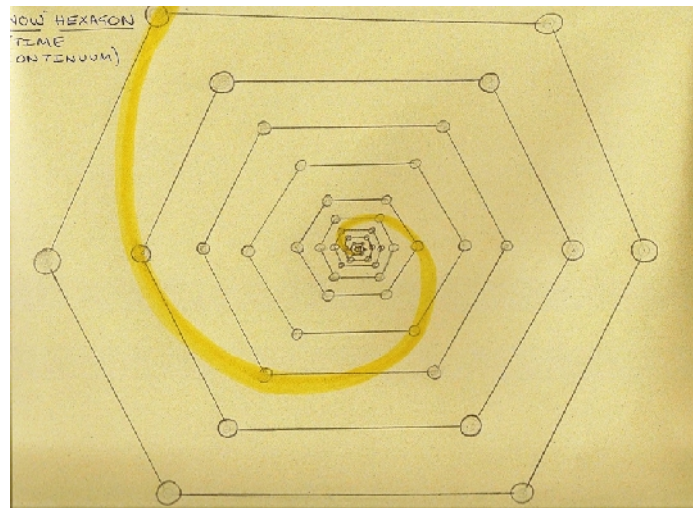
William Buehler, American Light Worker and Reshel Grid Researcher, has shown that the “Astara Axis” is part of a huge European Star of David formation. The Astara Axis connects Rosslyn and Stonehenge/Avebury. Whalley Abbey, as well as being located on a natural Ley-Line, is also on the Astara Axis. The Astara Axis was harnessed at the Winter Solstice 2008 at Whalley Abbey to connect the Cosmic Grids with the Natural Ley-Lines. Facilitating great healing for Mother Earth in that area and consequently everywhere.

There is much debate whether the Reshel Grids were built before Creation manifested - perhaps Reshel Grids are like a scaffolding structure for the Universe to be built on - or whether they were built by "Conscious Construction" by some more advanced previous civilization that inhabited Earth many thousands of years ago like the Lemurians or the Atlanteans.

**AA Michael in all things teaches me that there is no past and no future – that time is an illusion.** He always seems very reluctant to talk to me about the history of things. When I asked him about when the Reshel was created, he just told me that it is enough for us to know that the Reshel exists and that the Reshel Grids can be used – their power harnessed to amplify Lightwork on the Ley- Lines etc. So, Whalley Abbey is sited on both a Reshel Axis and a natural Ley-Line. The Burnley Healing Sanctuary is also connected to this system.

Another Reshel Grid is the "Grail Cup" which is circular in nature, centred at Tara Mound, Ireland and with the circumference of the Grail Cup grid passing through significant sites such as Rosslyn, Durham, Avebury, Stonehenge and Glastonbury.

During 2008, I channelled the Unity Consciousness Re-Activation Light Codes. One of which was the Time Continuum "Now" Hexagon. You can see that it is a Fractal and Holographic Hexagon with a Golden Spiral running through it.



Back in 2008, Archangel Michael guided me that I was going to be learning about a **Grid with Hexagonal faces** but I didn't have the full picture at that time.

Over time, with much personal growth and re-search about Grids, Archangel Michael and Archangel Metatron have slowly revealed to me the Grid that our Unity Consciousness Workshop was set up to help Re-Activate.

They refer to this Grid as the **Metatronic - Shekinah Grid**. It is the New/Old Atlantean Grid. The ancient Atlantean Grid was used by the Atlanteans to manifest all their needs. They didn't need to work or struggle to provide for themselves. They used Conscious Intention to activate the Atlantean Grid to provide everything. However, it is thought that at some time during their history, some of the Atlanteans became "greedy" and started to abuse the Atlantean Grid. This created an **imbalance** in the energetics of the Grid; creating blockages and distortions which eventually led to the downfall of that particular civilization.

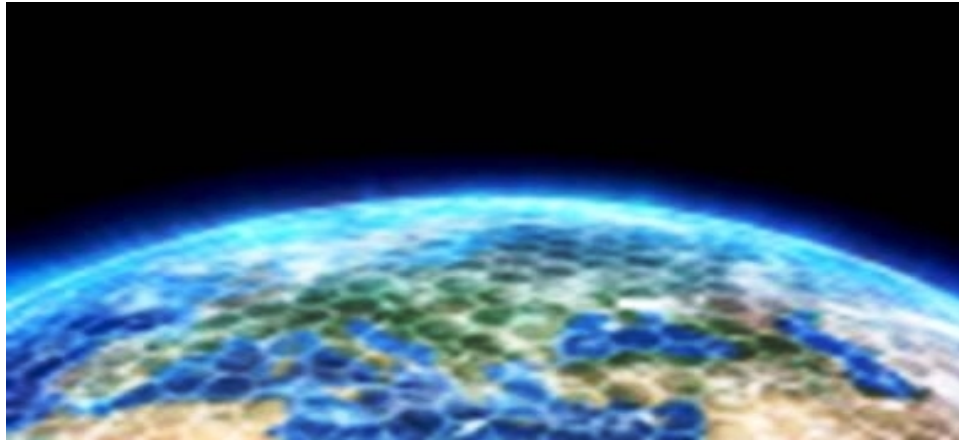
**This time**, when it is manifested, it is more **balanced**. AA Michael and AA Metatron say that this is why they refer to it as the **Metatronic** (masculine) - **Shekinah** (feminine) **Grid**. The UK land mass and population are very important, in fact crucial, to the Re-Activation of this particular Grid.

Do you feel that you may have had a past life in Atlantis? Do you feel that you needed to incarnate at this specific time for a special purpose here in the UK particularly in connection to the landscape/natural world? Do you feel a very special affinity with Crystals? Are you drawn to Pyramids? Are you fascinated by ancient temples or modern crop-circles in Southern England? Are you interested in Mystical Knowledge such as that held within the Templar and Masonic traditions?

Ever wondered why you incarnated here in the UK, in this lifetime, here and now? Your part in the UCW Re-Activation of this New/Old Grid may well be part of your Life Purpose!

A local Light Worker from Lancashire, dowser and author from Pendle Hill, Thomas Sharples, has done a great deal of Research on the Christ Consciousness Cosmic Grid. He has shown that the Christ Consciousness Grid fractals down (like a concertina) into the surface of the Earth. He describes **three** significant "grounding base stations" where the Christ/Unity Consciousness Grid actually grounds into the UK – he calls them **Cells**. One Cell is across the South of England – centred around Stonehenge/Avebury but incorporating Glastonbury/Salisbury area. One Cell is across Lancashire and Northumberland/County Durham – centred around Pendle Hill. One Cell is in Ireland – centred around Tara, County Meath. Tom is also influenced by Archangel Michael and has felt Michael over-lighting him since he was about 17 years old.

I have channeled similar information regarding the Metatronic-Shekinah Grid. It is a world-wide Hexagonal Grid as follows.



I have been guided that there are **three** “Re-Activation Sites” crucial to the Re-Activation of this New/Old Grid which were Goddess Temples in ancient times – and **still are** Goddess Temples just waiting to be fully re-activated. I was shown one Goddess Temple at Glastonbury Tor, one at Pendle Hill and one at Tara Mound. All three temples are in the shape of Vesica Pisces. They are all landscape temples. **I am guided that the Metaronic- Shekinah Grid is an upgrade to the Unity/Christ Consciousness Grid. Upgraded because this Grid “actualizes” or “manifests” the Christ Consciousness Grid into the 3D. Bridging the Cosmic Christ Consciousness Grid into the 3D Consciousness.** Once all three “grounding base station cells” or “re-activation sites” are reactivated, then the M-S Grid will manifest. The blockages in these areas need to be cleared and the landscape energetics brought into balance in order to Re-Activate the sites.

## Balance is essential before any Re-Activations can occur.

I have been guided that the Re-Activation Site at Glastonbury is almost up to full power because of the many years of healing that has been happening there. The Whalley Abbey/Pendle Hill is just starting to be cleared and come “on line”. The Tara Mound Lightwork is being managed by the Elementals rather than the Human Family - although Humanity is offering assistance at Tara. Because all three sites are connected, any work done in one site will affect the other two sites. Michael describes the re-activation process as happening “in stages” with each site becoming more and more energetically powerful – until eventually all three sites will “re-activate” in one big “Ignition Event” and this will have World-Wide Healing consequences because the UK is of Special Significance to the **Larger World-Wide Metatronic - Shekinah Grid.** Michael describes the UK landscape as holding the “Ignition Key” to the world-wide engine for transmutation and transformation.

Family-in-Spirit Re-Searcher Dumah Leach of Manchester channelled that this Metatronic - Shekinah Grid is a *Transubstantial Grid* – so when it comes on line, it will feed the thousands and heal the Earth. Dumah was guided that it was the technology Master Jesus used to feed the five thousand – it was also the technology that the Atlanteans used to manifest their needs.

I was guided that it is a *Transmuter Grid*. To transmute negative energies into positive, healing energies. To evolve anything of a lower frequency into that of a higher frequency. I very much feel that it is connected to restoring the Ecology of the Earth. Interestingly, if you visit the Eden Project in Devon, they use Hexagonal Panes of Glass in their huge Green Houses because Re-Search has shown that this is the best shape to use for the Plants to grow.



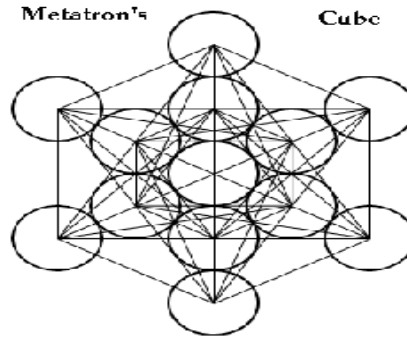
Even better, it could be described as the *Eden Grid*, as it represents a way to Re-Activate Heaven on Earth. Another Family-in-Spirit Re-Searcher felt that working with the Hexagonal Grid during Meditation helped her to connect to the Elementals.

When I recently asked fellow Re-Searcher, Jonathan, about his thoughts on the Hexagonal M-S Grid, he said that it is the *Appreciation Grid*. That it will download programmes to raise the Collective Consciousness to help Humanity to appreciate the ocean, so as not to pollute the water. To appreciate the air, so as not to pollute our breath. To appreciate the animals, so as not to harm them. To appreciate the trees, so as not to cut them down. To appreciate the Earth, so as not to damage her. Most importantly of all, to appreciate each other, so as not to harm each other.

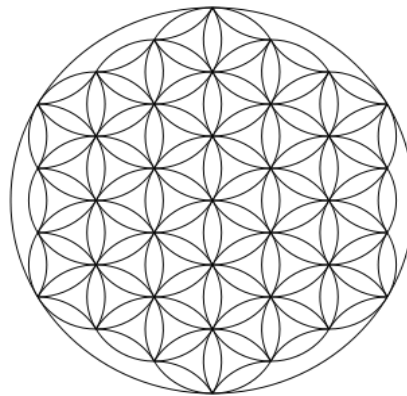
**I find it fascinating that my channeling about this Metatronic- Shekinah Grid confirms Tom Sharples' and William Buehler's research regarding the significance of the three major Power Points at Glastonbury Mound, Pendle Hill and Tara Mound.**



There are so many examples of how important the Hexagon is to this stage of our evolution. Notice that Metatron's Cube, which contains all the Platonic Geometric Solids is in the shape of a hexagon.



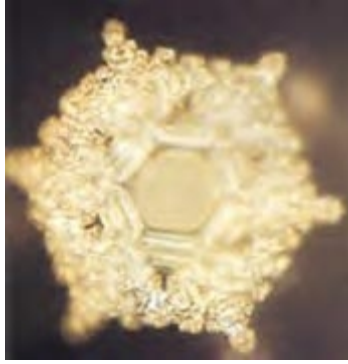
The hexagonal structure of the Flower of Life – the Creational Blueprint.



Look at the form of the Star of David – one of the most well known mystical symbols in the world.



Snowflakes and Ice Crystals – study the work of Masaru Emoto for further information. When water was exposed to the words Love and Appreciation, it formed the following ice-crystal. Remember, the human body is made up of a huge percentage of water.



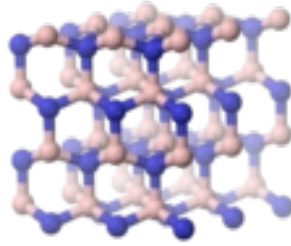
Bees and their Honeycomb. A mass of hexagonal wax cells. Bees work in Unity Consciousness all working as a team for the Highest Good of the Whole. The bee was used as a symbol for the Soul by many ancient cultures. Bees also resonate and vibrate at a particular frequency as they “buzz”.



Many Crop Formations – Agri Glyphs – are in the form of the Hexagon. Here is a photograph of one of the most famous Crop Formations in recent history. A 780 ft crop circle in the form of a double (six-sided) triskelion composed of 409 circles. It appeared at Milk Hill, England in 2001. I am very excitedly awaiting this season’s Crop Formations to start appearing – usually in mid-April. I am convinced many of the Crop Formations are Re-Activation Light Codes. Language of Light Symbols that speak directly to our Souls.



One of the latest developments in Medical Science is the dawning of Nano-technology. Some of these nano-compounds have a hexagonal molecular structure.



## **Keep Re-Searching.....the Hexagon!**

**Now...back to the Significance of the Human Merkaba Field!**

**Here is the incredibly exciting part!**

**Your Merkaba Field is initially visualized as as Star Tetrahedon.  
With further work, it is possible to activate your Octahedron Merkaba.  
With practice, you can activate the whole Unity Consciousness Merkaba which includes  
All Geometries – just as Metatron's Cube includes All Geometries.**

**So YOU are the hexagon.**

### **You and your personal Merkaba Spinning Field are one of the facets of the Metatronic-Shekinah Grid.**

**We are talking about a living, organic Grid here.**

**When enough people activate their Unity Consciousness Merkaba, then the Metatronic-Shekinah Grid will manifest. The entire system will work as a “step down transformer” to channel healing energy into the Earth.**

**And when all three Re-Activation Sites in the UK are activated, then the World-Wide Metatronic-Shekinah Grid will come online! Events will not happen in linear time one after the other. Events are occurring simultaneously – as more people activate their Merkaba Fields, more energy is given to the Re-Activations Power Points around the Earth...and more people will activate their Merkaba Fields....and so on in a huge spiral system!**

**Archangel Michael told me that this whole process will reach completion around 2027 and that the Crystal Children generation will KNOW what to do with the M-S Grid and how to use it for the benefit of the entire planet.**

So, the work we are doing here is for our children and their children.

**How will they use the M-S Grid?**

**AA Metatron says you activate the Grid with LOVE AND INTENTION!**

For further reading and interest, here is a link for those of you who are interested in Crop Formations - "Agri Glyphs" - and Alchemy.

<http://www.cropcircleconnector.com/Millennium/Philosopher.html>

### 3) Cosmic Grids are above the surface of the Earth

Just as there are Electro-Magnetic Fields surrounding the human physical body that are often referred to as the Aura, there are Electro-magnetic Fields surrounding the Earth. They are Holographic and Fractal and expand throughout the Universe.

One such Grid surrounding the Earth is The Human Collective Consciousness Grid. Another Grid surrounding the Earth is The Christ Consciousness Grid. There is a Grid corresponding to every living thing on the Earth – The Dolphin Grid; The Tree Grid and even The Crystalline Grid.

There is much confusion about all the Grids but especially these Cosmic Grids. Depending on which source / author you read during your Re-Search, you will find much conflicting and confusing information regarding the size and shape of these Grids and even their origins. Some Re-Searchers believe that the Grids were created at the Big Bang. Others believe that the Grids were created by Aliens. I have asked for Guidance about the origins of these Cosmic Grids and, so far, I am guided that we needn't be concerned about their Origins, it is more important that we become aware of their existence and that the Grids can be used for The Highest Good of All That Is.

For further information on The Christ Consciousness Grid, here is a link to a very interesting interview with Ron Holt, Director of The Flower of Life Research.

<http://www.floweroflife.org/art-ronchristgrid.htm>

## Message from Archangel Metatron

Intention is Everything.  
You manifest what you focus on.

As always, with the UCW, you are encouraged to use your own intuition to interpret teachings and messages to discover what they mean to you personally.

My interpretation is as follows. Your thoughts are Electro-Magnetic. Magnetic being the key word in this particular case. Energetically, if you keep thinking about something, you will attract it and it will become part of your reality. If you keep focusing on your fears, you will attract more fearful situations into your life. If you keep focusing on healing and graceful growth, you will attract more and more gentle lessons.

Monitor and Observe your thoughts and your Intentions.

### Further along the Spiral

Thank You for your interest in the Unity Consciousness Workshop. Your love and support encourages me to "Hold up the Light" and keep the torch burning for our Family-in-Spirit. This newsletter has taken me a long time to write but I hope you feel it was worth the wait!

In Highest Service with You, in Unity Consciousness, **Lizzie xxx**

### Addendum:

Here is some information from Thomas Sharples which gives his current view of the situation. It makes very exciting reading and, once again, confirms much of the information that I have been channeling – especially regarding the Whalley Abbey and Pendle Hill area!

01/04/10

Other recommendations, based on some observations in your newsletter, are concerning the Atlantean dynamics. While walking the Michael Ley have again picked up on the grail stones mentioned briefly in the book "Pendle Zodiac." These are a ruby (at Longridge Fell) and emerald (at Barley-In Pendle). A sapphire is now also coming into appearance and seems to be located (inside the earth) around Pen Y Ghent in the Yorkshire Dales.

I expect that there should be seven in total and may reflect the coming into being of a Landscape Temple. I'm hoping that others will eventually be able to pick up on them and report them.

As mentioned, while walking the Michael Ley, had picked up on the ruby and was gifted with an Atlantean scenario related to those early migrations from Atlantis, west to east, via Great Britain.

The full scenario of these migrations can be read in the archives of Dion Fortune and Margaret Lumley Brown. They have been put together and published by Gareth Knight under the title "The Arthurian Formula" by Thoth Publications. Well worth the read, especially since it contains the full Atlantean (polarity and chakra) temple workings. And you seem to be doing a lot of work along these lines.

Was also gifted with the insight, while dowsing, of the connection with Pendle Hill with Tara and also some other locations which I couldn't make out. From my own perspective, seems to have all been programmed into the grail stones and connected therewith from Atlantean times. I'm not being given the full picture at this time, just bits. Again, hoping that others can pick up on it so that I can verify whether or not it is coming from my own imagination.

All I can think of for now,

Blessings,

Tom

Thomas Sharples' book is "The Pendle Zodiac – Restoration of a Sacred Landscape". For further information, visit <http://www.lulu.com/content/752811>.

01/04/10

I confirm that I intuitively know that there are Crystals within the Landscape around Pendle Mound. It is interesting that Thomas Sharples mentions Seven Crystals. I suspect that The Seven Rivers of Light Workshop may well be part of the Light Work necessary to Re-Activate these Crystals – which in turn will help to Re-activate the entire Goddess Temple in that area. Very Exciting!

In Highest Service, Lizzie xxx